## WHAT IS CLAIMED IS:

- 1. A thigh-slimming device for use with pair of pants, said thigh-slimming device comprising:
  - a generally U-shaped support member,

wherein said generally U-shaped support member is carried by the pair of pants proximate to crotch and upper, inner-leg region thereof.

2. A shape-enhancing garment comprising:

legwear having an inner-leg region; and

a shape-enhancing insert carried proximate to said inner-leg region of said legwear,

wherein said shape-enhancing insert generally restrains at least a portion of the inner-thigh of the wearer of said shape-enhancing garment.

3. The shape-enhancing garment of Claim 2, wherein said shape-enhancing insert is substantially concealed from view.

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4. The shape-enhancing garment of Claim 2, wherein said legwear is a pair of trousers.

- 5. The shape-enhancing garment of Claim 2, wherein said legwear is a pair of jeans.
- 6. The shape-enhancing garment of Claim 2, wherein said legwear at least partially extends past the inner-thigh region of the wearer.
  - 7. The shape-enhancing garment of Claim 2, wherein said shape-enhancing insert is plastic.

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8. The shape-enhancing garment of Claim 2, wherein said inner-leg region of said shape-enhancing insert is proximate to the crotch and inner-thigh regions of the wearer of said shape-enhancing garment.

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- 9. The shape-enhancing garment of Claim 2, wherein said shape-enhancing insert is generally U-shaped.
- 10. The shape-enhancing garment of Claim 9, wherein said shape-enhancing insert comprises a first generally elongated arm, a second generally elongated arm, and a base, and wherein said first generally elongated arm and said second generally elongated arm extend from said base.

- 11. The shape-enhancing garment of Claim 2, wherein said shape-enhancing insert is defined by a frame.
- 5 12. The shape-enhancing garment of Claim 11, wherein said frame is formed from wire.
  - 13. The shape-enhancing garment of Claim 12, wherein said wire carries a coating.

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- 14. The shape-enhancing garment of Claim 11, wherein said frame carries fabric.
- 15. The shape-enhancing garment of Claim 14, wherein said fabric is affixed to said inner-leg region of said legwear.
  - 16. The shape-enhancing garment of Claim 2, wherein said shape-enhancing insert is carried between a liner and a material of said legwear.

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17. The thigh-slimming device of Claim 1, wherein said generally U-shaped support member comprises means for removable attachment to the pair of pants.

18. The thigh-slimming device of Claim 17, wherein said means for removable attachment to the pair of pants is hook-and-loop fastener.

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- 19. The thigh-slimming device of Claim 17, wherein said means for removable attachment to a pair of pants is at least one snap.
- 20. A method of maximizing the space between the inner-thighs of an individual via a shape-enhancing garment, said method comprising the steps of:
  - a. obtaining a garment having a functional inner-thigh support member provided therewith;
    - b. putting on said shape-enhancing garment; and
  - c. allowing said functional inner-thigh support member of said shape-enhancing garment to manipulate the dimensions of at least a portion of the inner-thighs of the individual via at least minimally restrictive pressure.

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- 21. The method of Claim 20, further comprising the step of:
- d. removing said shape-enhancing garment, wherein said functional inner-thigh support member remains substantially

concealed within the construct of said shape-enhancing garment.